



Rob Macpherson, D.V.M.

**Owner
Patient
Owner's Phone #
Referring Vet Hospital
Exam and Diagnosis
Sx and/or Exam Date**

[Add Diagnosis Description](#)

Surgery

TPLO

Radiographs

Lateral and AP pre and post-op stifle

Take Home Medications

**Carprovet
Gabapentin
Cefpodoxime**

Send Home Instructions

Fluffy will need to be leash walked at all times outdoors for the next 12 weeks.

Weeks 1-4 Fluffy can be taken for 5-10 minute leash walks 3-4 times daily. Indoors, they must be confined to a small space or crate and be kept on non slippery footing. Please use towel sling for support when performing stairs and when on slippery surfaces. He/she should not be allowed to jump onto or off of furniture.

Weeks 5-6 Fluffy can be taken for 10-15 minute leash walks 3-4 times daily only using the towel sling when doing stairs and on slippery surfaces. Fluffy needs to be confined when home alone and at night. He/she should not be allowed to jump on or off of furniture nor should they do stairs without the towel sling.

Weeks 7-8 Fluffy can be taken for 15-20 minute leash walks 3-4 times daily without using the sling at all. He/she should continue to be confined at night and when home alone and should not have free access to stairs but indoor activity can increase.

Please send an email update, a picture of the incision and a video of them walking at 2 weeks to Dr. Macpherson. We will need to see Fluffy at 8 weeks for a progress exam and xrays.



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You must prevent Fluffy from licking or chewing the incision site. Licking or chewing at the incision may cause removal of the sutures and/or incisional site infection, both of which may require a second procedure to repair. Unless otherwise instructed by your veterinary surgeon, an E-collar and/or lick sleeve must be in place at all times for the first 14 days after surgery.

It is completely normal for swelling to develop around the ankle approximately 3-5 days following surgery. It will usually resolve within 7-10 days.

We advise using ice therapy directly to the incision site for the first 3 days following surgery but only if your pet allows it. Icing helps to reduce inflammation and pain. Please ice the incision for 10 minutes 3 times daily. We recommend placing a thin cloth between the skin and a frozen bag of peas or corn for the icing procedure.

Most pets will urinate within 12-24 hours after the surgery and will have a bowel movement within 2-3 days after surgery. This is normal due to various reasons. As long as they are eating and drinking and otherwise acting normal this is not a concern. If it has been longer than those times please contact us.

All pets must be leash walked at all times outdoors for 10-12 weeks. Controlled swimming can occur once the incision has healed at 2 weeks but it must be a sandy walk in area and your pet must continue to be kept on a leash at all times. When leash walking it is helpful to have your pet walk slowly which will enhance weight bearing on the surgery leg expediting the healing process.

Passive range of motion exercises can be helpful to reduce swelling and promote use of the surgery leg but only if your pet allows it. Some animals may be too uncomfortable for this to be performed.

Other therapies like acupuncture, chiropractic, laser and physical rehabilitation (performed at a rehab hospital) can also aid in the recovery.

Please visit the TPLOInfo.com website for further information.

Invoice Items			
Status	Date	Item (ID)	Qty
		GROUP Ortho (GORT)	1.00
		PROGRESS EXAM 2 WEEKS (RE2)	1.00
		PROGRESS EXAM 6 WEEKS (REC6)	1.00